



TREATING MORGELLONS NATURALLY

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(Healingtalks) Morgellons disease or syndrome is a name given in 2002 by Mary Leitaó, and to the skin condition her son was suffering from at the time. She subsequently formed the Morgellons Research Foundation to address the issue. The symptoms of this skin ailment range from a sense of crawling, biting and stinging sensations to finding fibers on or under the skin along with possibly lesions, rashes or sores. As with most ailments, their may be accompanying fatigue and the like.

There has been considerable controversy whether this is really a distinct skin condition or just an unexplained dermatopathy (pathology of the skin) or the product of a psychological disorder. At the same time a groundswell of grassroots lobbying has led to the CDC to conduct studies focused on Morgellons syndrome, whether objectively or in a politically influenced manner is yet to be seen.

Controversy over Morgellons treatments

Much of this controversy, in my mind, was created by a host of medical professionals who felt upstaged. Here was a new ailment first recognized by individuals outside the profession. If this is in fact the case, what we are seeing is a shameless medical power-play. Most people don't suspect that the overall modern practice of modern medicine has become a political mind-field with media-grenades. If a Big Pharma company, for example, comes up with a new condition to treat something for potentially billions, that's fine. I can think of ADHD in this context, a pharmaceutical-created ailment that has no consistent set of symptoms and whose naming seems primarily to sell drugs to children. Doctors then tow the line or stand in line to follow this massively harming insanity.

As to Morgellons disease, arrogantly characterizing this major skin condition as but a psychiatric ailment (because its isolation was not first put together by MDs or Big Pharm, again is a cruel power play. Most people don't know something like this could go on, and that preserving the authority-influence of the establishment Big Med/Big Pharma turf is fiercely fought for.

Naked Truth

All skin conditions are potentially impacted by psychological as well as physical states – all or barring none.

Blatantly labeling a person with a disfiguring and irritating skin condition not named by the medical profession as being then psychologically impaired is absolutely shameful. It is unforgivable quackery. But what else is new? MDs who do such things should have their licenses pulled, in my opinion. To also dispense just psychotropic chemical drugs smacks to me of the crudest, ethically-horrible practice of medicine I can think of. But then these words are probably not harsh enough. Most of the time we are dealing with children as victims of the establishment.

In the past few decades such things have become so much the norm, under profit-driven influences – that we say little or nothing. And thus the practice of psychiatry overall has degenerated into little more than drug-pushing expediencies.

Skin potentially impacted by our minds

Getting back down to reality, if a person can enter a deep psychological state of hypnosis, they can therein imagine a hot iron touching their skin, thereby cause a blister to form - **a real physical blister that is mind-triggered!** Mind and body have a potential continuum but **most cannot** reach those very deep states normally to effect the skin in either a causing or curing way. It can happen in very deep hypnosis. Also extremely rare individuals with multiple personalities can have a serious physical condition of in one personality and not in the other, like diabetes, and blood tests can verify this mind-blowing fact. But this is, again, more than extremely rare, like one in millions. Therefore one cannot assume, even though it is possible, that the mind created a given skin conditions. More likely it did not. The logic does not carry through.

Otherwise every and all skin blister could be labeled as being of psychological origin, and which is absolutely and positively absurd. Rather blisters are formed due to many causes – including many different hot objects, heat conditions, abrasions and all of that being affected by psychological states. There is really no one way this can be caused, and as determined haughtily by a distant outside observer with an MD diploma on the wall – or as if psychically knowing and pontificating which was the trigger. For an MD to so blatantly posture an extraordinary knowing is simply lying to the patient or shall we call it mainstream quackery.

This is why really need to turn to physical approaches first, and with psychological support.

Gerson Therapy

For example, the Gerson Therapy is a nutritional approach to turning around cancerous conditions and other chronic ailments. I would estimate it is about 1/3rd successful with severe metastatic cancer conditions. The numbers, however, are much higher with skin cancer. When I helped the Gerson Institute organize and fund a natural cancer treatment facility in Sedona, Arizona, we had a young chiropractor and head of a family coming from my home town of Oneonta and who had Stage IV terminal melanoma. He reversed his condition completely. The therapy saved his life. One 5-year study of melanoma patients, compiled by my friend Gar Hildenbrandt, showed that compared to conventional treatment there was not a minor difference. Actually **6-7 times more survived with Stage IV melanoma after 5 years using the Gerson Therapy.**

The original Gerson Therapy was found to **reverse 446 out of 450 skin tuberculosis patients** in Germany, a condition previously thought to be completely incurable. Gerson essentially pioneered the use of nutrition therapy almost a hundred years ago, and using an intensive amount of fresh raw juices to bring the living forces back into the body. When he came to the US and explained his therapy to Congress and how it might reverse many cancers, the AMA immediately moved to strip him of his license – as such a natural approach was a threat to their business

Apparently the skin level is, however, the first and best to respond to such a natural approach. There is no rocket science to all of this and I've explained the underlying philosophy of **raw-wisdom** elsewhere, namely that life and consciousness – not the math-based principles of machines or physics and chemistry – lie at the deepest core of ourselves and nature around us.

Knowing those principles, we can turnaround most any health condition or at least greatly improve them. One of the implications of this philosophy of raw-wisdom is that we also can turn around those conditions integrally only with natural, not chemical or synthetic remedies. This is also why we need to eat organically and lead organic lifestyles, plus to detox or remove synthetic chemicals from our bodies and not take more in.

General Information

If a person wants to heal their body systemically or as a whole, we recommend following the **four master keys to natural healing**. These included striving towards taking in optimal nutrition, getting the absolute most alive and nourishing food into your body (shifting more toward thus a living, plant-based diet), **getting out whatever is most toxic** or stands in the way (**detoxification**), aiding circulation which helps to improve both nutritional intake and detox outpourings (via exercise, cold/hot packs, niacin flushes, etc), and lastly meditation or mind work to keep one on track.

Each of these four elements is vitally important, both the mental and the phys.

This is because they work best synergistically or when used together.

Please don't skip one or the other and then claim that natural therapies don't work.

With skin conditions, we can easily aide circulation using such things as exercise, wet and dry skin brushing, massage, detox baths, hot and cold showers and compresses. For detoxification, **far infrared saunas** are especially powerful in their cleansing effect on the skin. Intermittent and light fasting, especially using live green juices (drink them within 20 minutes of juices otherwise they lose their potency and use a slow auger juicer so they don't oxygenate). Becoming familiar with and using strictly **natural skin care product** is also critically important.

To heal, it is best to always go organic in the whole of one's lifestyle.

Why is again explained in our philosophy of raw wisdom and in the article listed below called...**Beyond the Silencing of Spring.**

The list of further recommendations goes one and this is but an introduction to a life mind and body transformation.

Illness as a welcome messenger

We usually treat illness as an enemy, something that comes uninvited and is to be stamped out.

But we can also think of illness as quite something else or that whenever our body is ill it is sending us a marvelously welcomed message, no matter how painful, trying to gift us this educational indication to change our lifestyle and live in harmony with Nature.

Isn't that a major paradigm shift in thinking!

Killing the messenger

When we chemically poison, irradiate, or even surgically remove the “message/messenger” or treating that messenger as the enemy combatant or terrorist, we are not allowing the vital message to be delivered. It is as if our mailbox has been shut closed with iron bars, and with a sign saying don't ever come back and never send that message again. Our eyes, ears, senses and mind are closed shut. We also give over our healing to something outside, such as a doctors prescribing a drug.

Then we only treat the surface symptoms, trying to get rid of the sent package and even **to kill the messenger never to send it again**, and not to treat the cause that triggered what should have been a welcomed “message” to be delivered.

Remember nature is never really the enemy.



My own example

For example, I had a nearly inch long lesion on my cheek. It was ugly. As healer, I was doubly ashamed to go out in public. A client doctor and a dermatologist at my gym both pleaded emotionally with me, as did the proprietor of the local health food store, to have a biopsy. They reasoned that I might perhaps have cancer that needed chemotherapy or radiation – and that it just might threaten my life and I shouldn't be negligent about it.

Or if I wanted to avoid the biopsy expense, I should at the very least have the lesion surgically removed to protect myself. Make sense?

Not to me.

I let that go in one ear and out the other, steadfastly refusing. No, not in a million and one years was I going to follow their seemingly sensible advise...but which I viewed as a gross misguidance. Why?

Because that would have meant I was **not listening to the message and not honoring the messenger**, namely that my body had accumulated enough toxicity that it now had to cleanse by that opening, or via

my skin – and it needed help in that process.

So I listen to nature and not conventional medical advice.

I paid attention to what my body was instructing me to do.

Curing the cause rather than treating the symptom

This is what I then did:

- Went on a **three week cleanse** that meant my diet was composed of only healing juices. The juices helped to clear my kidney, lymph and bloodstream, especially green juices which oxygenate the blood the best. At the same time, green juices detox the liver/pancreas/gallbladder grouping of organs which organs have a hundred and one detox functions. If you want to really potentize this, add some green sprouts and grasses to what is being juiced
- Added some vegan **protein powder** and **omega-3 fat liquid** (about a tablespoon each twice a day) – the latter two were added so that the juice fast did not weaken me and I could easily continue my daily work routines. I also like to add **raw superfood mixes** to provide ample amount of mineral rich salts, vitamin C, and other immune system boosters
- There was some **psyllium and flax seed powder** used as well to help clean my colon better, or so that the juices could be absorbed in the colon lining.
- Did **niacin flushes** every other day while taking green juices. This drove the juices to the skin level to detox and heal that part of me.
- Had at least a half hour **sauna every day** for three weeks straight in my home, using a portable model. Sometimes twice a day. Infrared saunas work more deeply than ordinary saunas to cleanse the skin.
- Used a little of the **pulp from the green juices**, especially **wheatgrass juice**, as a salve on the lesion and added a **DMSO cream with aloe vera** (because DMSO is a carrier or “penetrant” for the salve – it helps the oxygenation move deeply into the skin.
- Note the importance of **oxygen is the “bridge” between the chemical model of nature and the life-consciousness centered model**, and where consciousness is seen as “the universal relationship of connection in nature” or what makes us whole and thus heals. Thus we want to always oxygenate the blood to heal the body as a whole. Conversely, without oxygen, every cell of our body gets ill and/or dies.

At the end of the three weeks the lesion was gone

Frankly I had been around natural healing and healers for so many decades I knew commandingly what I was doing and so it came as no surprise what the end result was. The cleanse ended with the lesion being fully gone. It couldn't have remained when confronted with such a powerful therapy. That is why Gerson could cure 446 out of 450 skin tuberculous patients. Everyone who had pleaded with me to go the conventional route now thought it was a miracle or a random spontaneous remission of some kind. It was nothing of the sort.

It just seems that way to those who had not fully stepped outside the illusions of our blind culture.

I had simply heard the message and logically addressed the source, the root cause and via natural healing means.

This was instead of very foolishly and unwisely suppressing superficial symptoms as is so common and

outrageously and harmfully done.

I had applied my own long-gathered wisdom. My whole body was now healthier as a result. This represents integral healing without side-effects.

Modern medicine doesn't often get this message and as a result has lost the "war" against cancer, diabetes, heart disease, asthma, arthritis, you name it.

It is covering up this fact because it is a business to be promoted for profit. Lacking wisdom, it postures itself as advanced and superior, based on an archaic 17th century philosophy of nature and our bodies – the mechanical, the math-based. It fails to then truly heal most major chronic ills, allowed them to grow pandemic, and because:

- The practice is led by a false and outdated vision
- It perpetually deals with suppression of symptoms. This works well for emergencies, and to counter pain, itching, etc.
- But this offers only disease-care, not curing healthcare. The customer/patient, unhealed, then needs to be back later and perpetually, months or years later, with yet more seriously evolving conditions like cancer.... or to treat the side-effects of the prior therapy and/or legal pharmaceutical addiction.

Going counter to the mainstream but not to nature

When we take a very different stance, we courageously gather inner strength to step away from the Big-Pharma-dominated-and-created mainstream illusions, to thus more effectively, systemically and deeply improve our health (and more than just skin-deep but also at the skin level).

The core of what needs to be done is to see through the deceptions, the surface illusions, of our commercial culture and to return to deeper, more effective and authentic wisdom via natural and organic healing means.

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